



Scooot

Scooot Factsheet #03: FAQs

1. How do I know if Scoot is suitable for my child?

Scoot is an early mobility product, **designed to give kids a fun experience of movement when they may not be able to move very well by themselves.** Scoot has been designed for kids ranging from approximately **2-6 years old** (depending on their size) and **Gross Motor Function Classification System (GMFCS) levels I - IV**, depending on their level of development. A child will get the most out of their Scoot (in all configurations) if they are **able to hold their own head up, and have a reasonable level of trunk control** which means they can floor sit with a little pelvic support. Your child will find it difficult to use Scoot in any configuration if they have limited head and trunk control or sitting ability. However, your child's abilities may still be emerging, so they may only be able to manage a short time in Scoot before getting tired. That's ok - go at their pace, and they may soon build the skills and stamina needed.



2. Are there any reasons not to use Scoot?

If your child has extremes of tone, or has had certain types of surgery (for tight hamstrings, for example), we recommend that you seek advice from your physical therapist and/or physician.

3. How long should my child use Scoot?

This may vary depending on your child's abilities, their mood and the time of day. Be guided by your child, but avoid letting them become too fatigued as this may impact on their abilities in other daily activities.

4. How many times per week should I use Scoot?

Your child may enjoy using Scoot frequently, in which case daily-use may be appropriate. If they have emerging postural skills or sensory issues, you may find that you need to go more slowly.



5. My child doesn't like one of the configurations. What should I do?

Scoot is intended to be a fun activity which provides therapeutic benefits. A child is most likely to dislike the 'crawl' configuration, as holding their head up against gravity in this position is the most difficult activity. If you wish to work on head control, then you may wish to encourage this little by little, but otherwise, don't force your child. You don't have to use the Scoot in every configuration.



6. My child has quite high/low muscle tone. Can they use Scoot?

If your child has extremes of tone, they may find it difficult to use the Scoot. If you're in any doubt, please consult with your therapist.

7. My child needs more trunk support. Is there a different backrest for Scoot?

No, at the moment Scoot comes with only one backrest option. This was intentional on our part to get the balance between the abilities of the children using it and the stability, size and price of the product. If your child needs more than the lumbar trunk support provided, they may not get the most out of using Scoot, as it may not provide enough support. See question 1 for more details. We are currently investigating whether a higher backrest is clinically appropriate for our Scoot users.

8. Can I use Scoot outside?

For safety purposes, Scoot is designed as an indoor only product.