



Playpak

User Manual



Family Freedom



Playpak is a 'portable activity kit' that helps babies and young children develop through play.

Please read all instructions carefully before using your Playpak. All instructions can also be found on our website www.fireflyfriends.com/playpak along with videos, diagrams and FAQ's.

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SECTION 01: Intended Use

Playpak is a portable activity kit that lets kids develop through play. This lightweight bag unfolds to produce an entire activity centre that has been designed for special needs babies and kids ranging from birth to approximately 48 months and Gross Motor Function Classification Scale (GMFCS) levels I-V, depending on their level of physical development.

Inside you will find rolls, wedges and supports, (designed by clinical experts) that stick together in dozens of ways and let your child tackle different developmental postures. Playpak also comes with a handy online therapy guide, featuring advice and animated easy-to-use instructions that show you how to use each clever little piece to create different lying and sitting positions, as well as how to perform our recommended developmental games with your child.

You can take a look at an overview of the Guide in Section 9.3, or watch online at www.fireflyfriends.com/playpak.

The importance of early development through play

Every baby comes into the world with limited abilities, which is why the first three years of a child's life are the most important period of development. For some babies however, their new born limitations are not simply overcome by time. If a child's development is

delayed for whatever reason, it means they are likely to acquire skills more slowly, or the extent to which they master a skill may vary.

Children with developmental delay, just like any other children, learn through play. Fun through play can actually encourage children to work harder on therapy goals.

Playpak is designed to assist your child to improve their physical, cognitive, sensory and pre-speech communication abilities. Enabling play in three key therapeutic positions forms the basis for later abilities - back lying (supine), tummy lying (prone) and floor sitting (long sitting).

With Playpak you can “mix and match” positions and activities for your child using the various components, ensuring the best possible developmental start. Changing positions is important, as this is what allows your child to progress independently at a later stage. The aim is to allow your child to develop a variety of movement skills, as well as building strength and coordination.

SECTION 01: Intended Use

Family participation

Playpak lets you as a family play a bigger part in your child's therapy too, and that matters a lot. Research shows that early intervention programmes that allow therapists and families to work together, like Playpak does, make an even bigger impact on a child's development.

Regular practice is important when training the brain to make important early connections. For some children, developmental games and programmes, such as the ones suggested with Playpak, can also help reduce irritability and improve physical, sensory, communication and independence skills.

Therapists and families in partnership

You may find your child likes some positions more than others, or some positions may not be medically recommended for your child to use. It's important that, if in any doubt, you take advice from your therapist(s) about the best positions to place your child in.

This may depend on whether your child's muscles are tight (high tone) or floppy (low tone), their level of development or tolerance for certain positions. Some positions may need to be avoided for medical reasons, and others will need to be encouraged, even if your child is not keen at the start.

SECTION 02: Declaration of Conformity

James Leckey Design Ltd, as manufacturer with sole responsibility for the Firefly brand, declares that Playpak conforms to the requirements of the 93/42/EEC Guidelines and EN12182 Technical Aids for Disabled Persons, General Requirements and Test Methods.

SECTION 03: Terms of Warranty

UK / ROI: Goods can be returned to us for warranty repair or replacement up to 12 months from receipt. In all cases, it is the customer's responsibility to ensure the goods being returned are suitably packaged, preferably in the original packaging.

International Customers: Goods can be returned to us for warranty repair or replacement up to 12 months from receipt. Please contact us to obtain a case reference ID as per the International Returns procedure. The customer is responsible for the cost of returning the goods. Once returned to us we will repair or replace your goods and return them to you within 14 days.

In all cases, it is the customer's responsibility to ensure the goods being returned are suitably packaged, preferably in the original packaging.

SECTION 04: Safety Information

1. Always read user instructions fully before use.
2. Do not modify your Playpak or use components other than Firefly recommended components with it at any time. Playpak should not be used if any of its components are faulty.
3. Always use the bag/mat as a floor mat base of support and never use the other components on their own.
4. Remove shoulder strap before product use.
5. Playpak has been designed for indoor use and when not in use should be stored carefully in a dry place that it not subject to extreme temperatures.
6. Always use Playpak on a level surface.
7. Carry out any positional adjustments and ensure that all Velcro is fully affixed before use – ensure your child is secure at all times.
8. Do not force positions with your child as you could harm them. Ensure that, for each activity you do with your child, you are using the correct and recommended components – for advice on this, see Section 9.3.
9. To avoid any rubbing or grazing of the skin, ensure that Velcro is placed away from the child at all times. If you notice any ongoing irritation as a result of using Playpak, discontinue use.
10. Do not leave your child unattended whilst using Playpak.
11. Playpak complies with fire safety regulations in accordance with EN1021-1. However the product should be kept away from naked flames.
12. Clean the product regularly in accordance with Section 5 of these user instructions. Do not use abrasive cleaners and do not dry clean. Carry out maintenance checks on a regular basis to ensure your product is in good working condition.
13. Take care not to nip fingers or trap clothing when opening and closing zippers on bag – follow Section 9.2 for advice.
14. Ensure that your child is physically suitable for Playpak by noting the technical information in Section 10.
15. Failure to follow the user instructions may put you and/or your child at risk.
16. If in any doubt about your ability to use Playpak safely, or if any parts should fail, please cease using the product immediately and contact Firefly Customer Services on UK 0800 318265 or ROI 1800 626020.

SECTION 05: Cleaning and care information

Bag/Mat

- The Playpak bag/mat can be individually placed into the washing machine and washed at 30°C.
- Whilst line drying is recommended, the Playpak bag/mat can be tumble dried at a low temperature.
- Do not dry clean.
- Do not bleach.
- Do not iron.
- Wash separately from other garments to avoid colour run.
- Staining should be removed as quickly as possible with an absorbent cloth, towels or a sponge. Routine soap and warm water sponging is effective for ordinary soiling and minor spills. Be careful not to saturate the fabric as this will cause the stain to spread.
- Antiseptic cleaning agents can be used on more stubborn stains. These may require a safe solvent such as Isopropyl Alcohol or Mineral Spirit. Ensure that cleaning products are fully removed.

Components

- All upholstery can be removed from foam components, placed into the washing machine and washed at 40°C.
- Whilst line drying is recommended, the Playpak components upholstery can be tumble dried at a low temperature.
- Do not dry clean.
- Do not bleach.
- Do not iron.
- Wash separately from other garments to reduce risk of colour run.
- Staining should be removed as quickly as possible with absorbent cloth, towels or a sponge. Routine soap and warm water sponging is effective for ordinary soiling and minor spills. Be careful not to saturate the fabric as this will cause the stain to spread.
- Antiseptic cleaning agents can be used on more stubborn stains. These may require a safe solvent such as Isopropyl Alcohol or Mineral Spirit. Ensure that cleaning products are fully removed.

Velcro

To ensure that Velcro remains 'sticky', remove any 'fluff' build up on a regular basis by using either a dry toothbrush, wire cat/dog brush or an adhesive lint roller.

SECTION 06: Daily Product Inspection

To ensure that Playpak is safe, we recommend that various checks are carried out before use.

The recommended checks are detailed below:

- Ensure that the 'stickiness' of the Velcro has not been compromised by a build-up of 'fluff'. Use a dry toothbrush, wire cat/dog brush or an adhesive lint roller to remove any 'fluff' from the bag/mat and components on a regular basis.
- Before you begin any activity with your child, ensure that you have all of the necessary components required to support them safely during that activity.

If in any doubt of the continued safe use of your Firefly product or if any parts should fail, please cease using the product and contact our customers services department as soon as possible.

SECTION 07: Re-issuing Firefly products

Ensure the product has been cleaned thoroughly in accordance with Section 5 of this manual. Ensure a copy of the user manual is supplied with the product. If in any doubt of the continued safe use of your Firefly product or if any parts should fail, please cease using the product and contact our customer service department as soon as possible on UK 0800 318265 or ROI 1800 626020.

SECTION 08: Product Servicing

Servicing of all Firefly products should only be carried out by technically competent persons who have been trained in the use of the product. This service is free of charge within the warranty period assuming the product has been used for the appropriate intended use. If the product falls outside of the warranty period, repairs will be chargeable. We may need to have the product returned to Firefly for further inspection which may incur a small fee for transportation. For all service related issues contact the Firefly customer service team on UK 0800 318265 or ROI 1800 626020.

SECTION 09: Instructions for use

How to know whether Playpak is suitable for your child

Every baby comes into the world with limited abilities, which is why the first four years of a child's life are the most important period of development. For some babies however, their new born limitations are not simply overcome by time. If a child's development is delayed for whatever reason, it means they are likely to acquire skills more slowly, or the extent to which they master a skill may vary.

Children with developmental delay, just like other children, learn through play. Fun through play can actually encourage children to work harder on therapy goals.

Playpak is a lightweight, portable entire activity centre that has been designed for special needs babies and kids ranging from birth to approximately 48 months and Gross Motor Function Classification Scale (GMFCS) levels I-V, depending on their level of physical development.

Its purpose is to assist your child to improve their physical, cognitive, sensory and prespeech communication abilities by enabling play in three key therapeutic positions which form the basis for later abilities - back lying (supine), tummy lying (prone) and floor sitting (long sitting).

It consists of rolls, wedges and supports, (designed by clinical experts) that stick together in dozens of ways and let your child tackle different developmental postures.

Playpak also comes with a handy online therapy guide, featuring advice and animated, easy-to-use instructions. These show you how to use each clever little piece to create different sitting and lying positions, as well as how to perform all the recommended developmental games with your child.

View and download the guide at www.fireflyfriends.com/playpak.

You may find your child likes some positions more than others, or that some positions may not be medically recommended for your child. It is important that if in any doubt, you take advice from your therapist(s) about the best positions to place your child in.

This may depend on whether your child's muscles are tight (high tone) or floppy (low tone), their level of development or tolerance for certain positions. Some positions may need to be avoided for medical reasons, and others will need to be encouraged, even if your child is not keen at the start!

SECTION 10: Your Playpak

With your Playpak, you will receive:

Bag/Mat

The underside of your Playpak bag has a strip of non-slip fabric to help prevent the mat from sliding on smoother floor surfaces.



Rolls, (1x long and 1x short)

These rolls can be used on their own or with other support elements to provide just the right level of support.



Positioning Strap

Use this versatile strap in addition to the rolls for extra support when needed at the front, sides or back.



Head/Tummy Support

Can be used on its own to support head or trunk, or with other components for extra positioning possibilities.



Horseshoe Sitting Supports, (1x large and 1x small)

These profiled cushions are designed to give your child lower and upper back support, while allowing the hands to be free for play and function. When used in conjunction with the other elements, additional front, rear or side support can be increased.



SECTION 10.1: Packing your Playpak

- 1 Large Red Horsehoe
- 2 Small Green Horsehoe
- 3 Long Roll
- 4 Short Roll
- 5 Head / Tummy Support
- 6 Positioning Support



SECTION 10.2: How to use your Playpak

Information on tummy lying, back lying, floor sitting and general Playpak activities are all on our Youtube channel below:

www.youtube.com/user/fireflybylecky

SECTION 11: Technical Information

	Length	Width	Depth
Folded Bag	44cm/17in	49cm/19in	15cm/5.9in
Unfolded Bag (Floor Mat)	134cm/53in	75cm/30in	NA
Long Roll	52cm/20in	9cm/3.5in	7cm/2.8in
Short Roll	28cm/11in	9cm/3.5in	7cm/2.8in
Positioning Strap	66cm/26in	8cm/3.1in	NA

	Length	Width	Depth	Angle
Head/Tummy Support	22cm/8.7in	26cm/10in	25cm/9.8in	65°

	Height	Depth	Min Seat Width	Max Seat Width
Large horseshoe support	11cm/4.3in	10cm/3.9in	20cm/7.9in	25cm/9.8in
Small horseshoe support	7cm/2.8in	9cm/3.5in	20cm/7.9in	25cm/9.8in



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