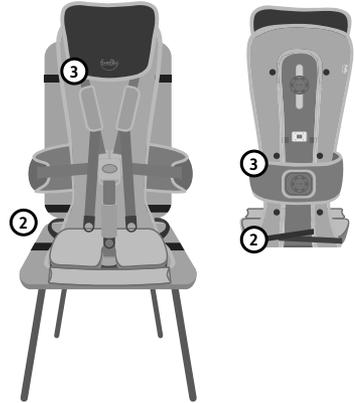


GoTo

PRESSURE RELIEF CUSHION

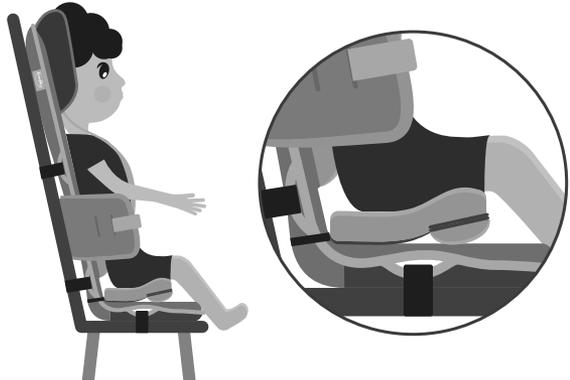
1. Ensure that your GoTo seat is safely attached to a suitable chair or the Floorsitter accessory.
2. Position your cushion on the seat base of the GoTo seat and attach it using the Velcro straps.
3. Ensure that the height of the headrest and laterals are appropriately adjusted when the cushion is placed on to the GoTo seat, as the cushion will raise the height of your child slightly.



The GoTo Cushion is designed to provide your child with pressure relieving comfort as well as additional postural support and pelvic stability. Here are a few ways in which it can be used.

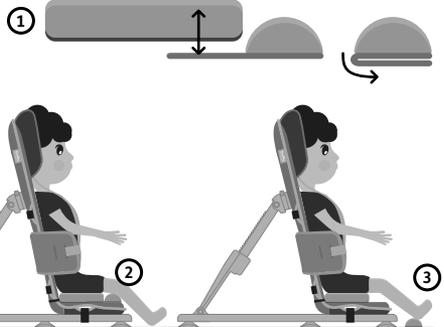
PELVIC STABILITY

1. Ensure the roll is attached securely to the cushion. Use the cushion and roll to enhance pelvic stability and comfort by positioning the roll underneath the cushion, as pictured.



LONG SITTING IN FLOORSITTER

1. Remove the roll from the cushion and fold the Velcro back on itself so that it sticks to the roll.
2. Place the roll under your child's knees whilst they are long sitting. This may facilitate a more comfortable position for your child by creating a natural bend in the knee. Particularly useful if your child experiences fluctuating muscle tone.
3. If the seat base is long enough the roll may be used to support your child's feet by placing the roll under their ankles.



ON A DINING ROOM CHAIR

1. The roll can be used with or without the cushion on a GoTo seat when attached to a dining room chair.
2. If appropriate for your child, place the roll under their knees to enhance comfort. This may also reduce any rubbing and skin friction against the surface of the chair.



CLEANING AND CARE INFORMATION

Cushion and roll covers

1. Wipe with a damp cloth for general cleaning. Microfibre cloths are extremely effective without soap which is helpful, as soap can clog your fabric
2. The cushion covers can be removed from the foam, placed in to the washing machine intact and machine washed at 40°C
3. Drying procedure is to dry flat. Do not tumble dry
4. Fabric can also be cleaned by hand whilst in place. For solid food spills, scoop up with a spatula. Clean the fabric with a water-based product such as foam from a mild detergent and remove with absorbent cloth, towels or sponge
5. Clean spills right away. The longer a spot or spill goes untreated, the more difficult it is to remove
6. Routine soap and warm water sponging is effective for ordinary soiling and minor spills. Avoid rubbing as it can be abrasive and damage the fabric. Be careful not to saturate the fabric as this will cause the stain to spread. Work your way from the outside in to avoid spreading the stain more
7. Antiseptic cleaning agents can be used on more stubborn stains. Disinfectant cleaning liquids such as Isopropyl Alcohol or ethanol are suitable for use. Ensure that cleaning products are fully removed. Allow the product to air dry, ensuring all alcohol is evaporated before use
8. Do not put foam in to upholstery whilst either the foam or upholstery is still wet. Dry both thoroughly prior to reassembly
9. Do not iron any part of the upholstery or foam
10. Do not bleach any part of the upholstery or foam.

Foam

1. Express machine wash for 15 minutes at 40°C
2. Drying procedure is to dry flat. Do not tumble dry
3. Once the foam is completely dry, take time to carefully fit and position it back in to the covers. Push the foam right in to the corners of the covers so it fills it out.

TIP

One of the best water-based upholstery cleaners is very easy to make at home. Put one cup of warm (not hot) water into a mixing bowl and then add 1/4 cup of biodegradable dish washing soap. Beat with an electric mixer at medium speed until the liquid becomes a thick foam. This foam will remove built up dirt and most food or drink stains. Not only is this cleaner, simple to make and inexpensive, it is also nontoxic and environmentally-friendly.